



JUMBY BAY ISLAND

Sunday 13th - Monday 21st April

EASTER

2025 ACTIVITIES



Daily Activities

Breakfast

Sand Bar	7:00am – 10:00am (<i>Friday 18th to Monday 21st</i>)
The Veranda	7:00am – 10:30am

Lunch

Sand Bar	11:30pm – 4:00pm
Genny's Beach Shack	12:00pm – 4:00pm
The Veranda	12:30pm – 4:00pm

Afternoon Tea

The Estate House	4:00pm – 5:00pm (<i>Not available on Monday 14th</i>)
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Dinner

Children's Buffet at The Veranda	5:30pm – 8:00pm (<i>Tuesday 15th to Monday 21st</i>)
The Veranda	6:00pm – 9:30pm
The Estate House	6:00pm – 9:30pm (<i>Closed on Monday 14th</i>)
Sand Bar	6:30pm – 9:30pm (<i>Not available on Thursday 17th</i>)

All Day Dining

In Room Dining	7:00am – 9:30pm
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Bars

Genny's Beach Bar	10:00am – Sunset
Sand Bar	10:00am – 10:00pm
The Veranda Bar	10:00am – 12:00am
1830 Bar at The Estate House	6:00pm – 11:00pm (<i>Closed on Monday 14th</i>)

Pool Hours

Lap Pool	7:00am – Sunset
Sand Bar Infinity Pool	8:00am – Sunset
Beach Infinity Pool	8:00am – Sunset

22 Knots - Jumby Bay Watersports	9:00am – 5:00pm
Jumby Explorers	9:30am – 5:00pm
The Jumby Bay Spa	9:00am – 7:00pm
The Jumby Bay Boutique	9:00am – 7:30pm



Sunday 13th April 2025

Morning Activities

Morning Pilates
9:00am – 9:45am
The Wellness Pavilion

Kayaking Tour
10:30am – 12:00pm
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Sailing Clinic
3:00pm – 4:00pm
22 Knots - Jumby Bay Watersports

Gin & Golf
4:30pm – 6:00pm
Sand Bar

Yoga on the Beach
5:30pm – 6:00pm
Sand Bar Beach

Special Dinner

White Night Beach Barbecue
The Veranda Beach
6:00pm – 9:30pm
Live Entertainment

Monday 14th April 2025

Morning Activities

Morning Yoga
8:00am – 9:00am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Adult Tennis Clinic
10:00am – 11:00am
Tennis Court

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Children Tennis Clinic
3:00pm – 4:00pm
Tennis Court

Pairs Boxing Class
3:00pm – 3:45pm
The Wellness Pavilion

Sunset Rosé
4:00pm – Sunset
Sand Bar

Tai Chi
4:30pm – 5:15pm
The Wellness Pavilion



Tuesday 15th April 2025

Morning Activities

Run with CJ
8:00am – 8:45am
Meet at The Fitness Centre

Turtle Spotting Boat Tour
10:30am – 11:30pm
22 Knots - Jumby Bay Watersports

Aqua Fit
10:45am – 11:30am
Sand Bar Infinity Pool

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Turtle Spotting Boat Tour
2:00pm – 3:00pm
22 Knots - Jumby Bay Watersports

Functional Training
3:00pm – 3:45pm
The Fitness Centre

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Sunset Rosé
4:00pm – Sunset
Sand Bar

Sound Bath Meditation
4:30pm – 5:15pm
The Wellness Pavilion

Mixology Masterclass:Easter Cocktails
5:00pm – 6:00pm
The Veranda Bar

Wednesday 16th April 2025

Morning Activities

Mat Pilates
8:00am – 9:00am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Restorative Yoga
4:30pm – 5:15pm
The Wellness Pavilion

Homeowners and Management Wine Down
at The Veranda Bar
6:00pm – 7:00pm
Live Entertainment

Special Dinner

West Indian Hangout at The Veranda
6:00pm – 9:30pm
Live Entertainment



Thursday 17th April 2025

Morning Activities

Run with CJ
8:00am – 8:45am
Meet at The Fitness Centre

Kayaking Tour
10:30am – 12:00pm
22 Knots - Jumby Bay Watersports

Aqua Fit
10:45am – 11:30am
Sand Bar Infinity Pool

Afternoon Activities

Kayaking Tour
2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Functional Training
3:00pm – 3:45pm
The Fitness Centre

Cooking Demonstration: Sushi
4:00pm – 5:00pm
Sand Bar

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Sunset Rosé
4:00pm – Sunset
Sand Bar

Sound Bath Meditation
4:30pm – 5:15pm
The Wellness Pavilion

Special Dinner

Dinner at The Jumby Bay Farm
6:00pm – 9:30pm
Live Entertainment

Friday 18th April 2025

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Pairs Boxing Class
3:00pm – 3:45pm
The Wellness Pavilion

RS Elite Sailing Regatta
3:00pm – 4:30pm
22 Knots - Jumby Bay Watersports

Tai Chi
4:30pm – 5:15pm
The Wellness Pavilion

Sip & Paint
4:30pm – 5:30pm
The Estate House

Rum Voyage
5:00pm – Sunset
Genny's Beach Shack

Special Dinner

Mexican Night at The Veranda
6:00pm – 9:30pm
Live Entertainment



Saturday 19th April 2025

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Aqua Fit
10:45am – 11:30am
Sand Bar Infinity Pool

Turtle Spotting Boat Tour
10:30am – 11:30pm
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Turtle Spotting Boat Tour
2:00pm – 3:00pm
22 Knots - Jumby Bay Watersports

Sunset Rosé
4:00pm – Sunset
Sand Bar

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Rum History and Tasting
4:30pm – 5:30pm
The Estate House

Sunday 20th April 2025

Morning Activities

Morning Pilates
9:00am – 10:00am
The Wellness Pavilion

Kayaking Tour
10:30am – 12:00pm
22 Knots - Jumby Bay Watersports

**Easter
Egg Hunt**
10:30am
Jumby Explorers

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Easter Brunch
11:00am – 3:00pm
The Veranda

Sailing Clinic
3:00pm – 4:00pm
22 Knots - Jumby Bay Watersports

Gin & Golf
4:30pm – 5:30pm
Sand Bar

Wine Tasting
5:00pm – 6:00pm
The Estate House

Yoga on the Beach
5:30pm – 6:00pm
Meet at 22 Knots - Jumby Bay Watersports

Special Dinner

White Night Beach Barbecue
at The Veranda Beach
6:00pm – 9:30pm
Live Entertainment



Monday 21st April 2025

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Adult Tennis Clinic
10:00am – 11:00am
Tennis Court

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Children's Tennis Clinic
3:00pm – 4:00pm
Tennis Court

Pairs Boxing Class
3:00pm – 3:45pm
The Wellness Pavilion

Mad Hatter's Afternoon Tea
4:00pm – 5:00pm
The Estate House

Sunset Rosé
4:00pm – Sunset
Sand Bar

Sound Bath Meditation
4:30pm – 5:15pm
The Wellness Pavilion



Book your boat transfer at the Reception.

(Please note that charges from The Hut are not included in your fully-inclusive experience. Credit card payments only.)



Description of Activities

Sunset Rosé

Experience the Caribbean's most spectacular sunsets at the Sand Bar Pool, where tropical lounge music creates the perfect ambiance as you sip on a chilled glass of rosé. Join us daily from 4:00 PM to sunset, except Wednesdays, Fridays and Sundays and don't forget to dress in your swimsuit.

White Night Beach Barbecue

Join us for a picturesque party on our powder soft shores. The all-white dress code allows the captivating sunset and sensational blue of the sea to take centre stage as mixologists at The Veranda Bar concoct tantalising tipples.

Dinner at The Farm

Dinner, prepared with the farm's freshly harvested ingredients and served family style, will delight your senses in the sublime natural setting.

Gin & Golf

Tee off from the sand, straight into the sea, with biodegradable golf balls as you enjoy a G&T just the way you like it — your choice of gin and garnishes.

Cooking Demonstration : Sushi

Solo, as a couple, or with the entire family, discover new cooking techniques and delicious recipes — either savoury or sweet — with a cooking class hosted by one of our talented chefs. Learn or improve your sushi rolling technique at the Sand Bar sushi counter.

Rum Voyage

This happy hour at Genny's Beach Bar is the perfect combination of the Jumby Bay Island sunset and Caribbean rum cocktails— served up with seafood fritters, Johnny cakes and a jammin' playlist.

West Indian Hang Out

Relax and enjoy authentic dishes from Antigua and our Caribbean neighbours as soothing rhythms create a true sense of place in this family-friendly gathering at the Veranda.

Afternoon Tea

Take a respite from the sun with a relaxing afternoon tea in the Estate House. The restaurant features open-air seating—perfect for enjoying the breeze while indulging in a selection of decadent treats, freshly brewed tea or a flute of bubbly.

Limited space available, please reserve with the Concierge by dialing '0'.

22 Knots - Jumby Bay Watersports

Surrounded by crystal clear Caribbean seas you have arrived in watersport paradise. We have a raft of equipment from windsurfs to paddleboards, offer complimentary sailing clinics for beginners, while waterskiing, wakeboarding, tennis, and pickleball are all part of island life.

Kayaking Tour (max 12 persons)

Embark on an adventure exploring the coastline while paddling the waves with a member of our 22 Knots team.

Snorkelling Trip (max 12 persons)

Enjoy a boat ride and explore the enchanting marine life of nearby Bird Island.

RS Elite Sailing Regatta (max 8 persons)

Experienced sailors can take to the seas in one of our four RS Elite keel boats in a friendly battle to be crowned Jumby Bay's top sailor. Pick your 2–3-person crew to enjoy fast sailing, smooth handling, and an enjoyable tactical race.

Sailing Clinic

Whether you're just dipping your toes into the world of sailing or you're ready to take your racing to the next level, learn the ropes with our highly-skilled team of experienced sailors on one of our Hobie Cats or an RS Elite watercraft.

Beach Volleyball

Enjoy a thrilling volleyball match on soft, powder-white sand, if you can take your eyes away from the magnificent ocean view that is! Bump, set, spike your way to a lively afternoon of friendly competition and beautiful scenery.

Pickleball Round Robin

Pickleball has exploded in popularity around the world in recent years and for good reason. This easy-to-learn, family-friendly game combines elements of tennis, ping-pong and badminton. Fun for all ages!

Turtle Spotting Boat Tour (max 12 persons)

Enjoy a short boat ride to the nearby waters of Bird Island to spot the resident sea turtles in their natural habitat.

Beach Cricket

Try your hand at cricket with a low-stakes match in the sand. Not confident in your swing? Join as a spectator and cheer on the teams!

Tennis Clinic

Whether you're a novice or a semi-pro, our resident tennis pro Jerry Williams teaches the game of tennis.

For all Watersports Activities please meet at 22 Knots - Jumby Bay Watersports.

Limited space available, please reserve with the Concierge by dialing '0' .

The Jumby Bay Spa

Nestled in a garden oasis, the Jumby Bay Spa offers a tranquil escape from the sun and sea. Enjoy treatments blending modern wellness with the rich heritage of the West Indies.

Unwind in one of our five treatment suites or opt for an open-air experience with sea breezes and calming waves.

Complete your journey in the steam room, sauna, or with a refreshing dip in the plunge pool on our outdoor relaxation terrace.

Aqua Fit (max 15 persons)

This is a low impact water session that adds resistance and gradually builds in intensity. You will tone your muscles, increase your range of movement and improve your endurance, balance and flexibility.

Boxing Class (max 8 persons)

This high energy class will focus on speed, co-ordination, balance, and agility. It's an intense whole-body workout, targeting all major muscles.

Sound Bath Meditation (max 10 persons)

This deeply immersive full-body listening experience will help to ground and centre you. Feel your body relax to the healing sound waves while you re-connect with your inner being.

Pilates (max 12 persons)

This mat Pilates session is a low-impact class that aims to strengthen muscles while improving postural alignment and flexibility.

Tai Chi (max 10 persons)

Synchronize your thoughts and movement using techniques that allows you to focus on each motion and become aware of your bodies and mind.

Yoga (max 12 persons)

This class combines a continuous flow of Asana poses that incorporate breath, movement, and strengthening poses.

Stretch Class (max 12 persons)

Our relaxing stretch class is a welcome break to soothe any tightness from all the sun and fun, or as an antidote to travel fatigue. Unwind in a peaceful environment where you'll learn techniques to release tension, melt away stress and gently enhance your flexibility. Your body will thank you.

Functional Training (max 8 persons)

Prepare your body for whatever life throws at you with our functional training class—the revolutionary exercise craze that primes your body for its daily activities. Everyone can benefit from the diverse range of exercises designed to increase strength, agility, stability and flexibility, all in one class.

Run with CJ

Our island runs are designed for all experience levels to get those hearts pumping in a fun way. What better opportunity to get to know the island and improve your physical fitness than a guided tour through carefully designed scenic routes with a friendly group of motivated runners?

Limited space available, please reserve with the Spa by dialing ext. 4423/24 48hrs in advance.

Kindly note that operating times and activities may be subject to change.

Easter Egg Hunt

Bring the whole family and search for hidden treasures around the island. Enjoy exciting activities, special prizes, and sweet treats along the way. A perfect way to celebrate Easter with joy, laughter and the Jumby Bay sunshine.

Meeting point is at Jumby Explorers. Please reserve with the Concierge by dialing '0'.

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