



JUMBY BAY ISLAND
ANTIGUA - WEST INDIES



FESTIVE

JUMBY BAY ISLAND 2024





A Season In Paradise

As we step into the holiday season, the island transforms into a haven of celebration and togetherness. From December 18th to January 5th, experience the magic of the season amidst the beauty and tranquility of our private island paradise. Join us in making unforgettable memories with loved ones in this idyllic setting.



Daily Activities

Breakfast

Sand Bar 7:00am – 10:30am
The Veranda 7:00am – 10:30am

Lunch

Sand Bar 11:30am – 3:30pm
Genny's Beach Shack 12:00pm – 3:00pm
The Veranda 12:30pm – 4:00pm

Afternoon Tea

The Estate House 4:00pm – 5:00pm

Sunset Rosé

Sand Bar 4:30pm – Sunset *(except on December 31st)*

Dinner

Children's Buffet at The Veranda 5:45pm – 7:30pm
Sand Bar 6:00pm – 9:30pm
The Veranda 6:00pm – 9:30pm
The Estate House 6:00pm – 9:30pm

All Day Dining

In Room Dining 7:00am – 9:30pm

Bars

Genny's Beach Bar 10:00am – Sunset
Sand Bar 10:00am – 10:00pm
The Veranda Bar 10:00am – 12:00am
1830 Bar at The Estate House 6:00pm – 12:00am

Pool Hours

Lap Pool 7:00am – Sunset
Sand Bar Infinity Pool 8:00am – Sunset
Beach Infinity Pool 8:00am – Sunset

The Jumby Bay Spa 8:30am – 8:00pm
22 Knots - Jumby Bay Watersports 9:00am – 5:00pm
The Jumby Bay Boutique 9:00am – 8:00pm
Jumby Explorers 9:30am – 10:00pm

Morning Activities

Morning Meditation
8:00am – 8:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Aqua Fit
10:45am – 11:30am
The Lap Pool

Kayak Race
11:00am – 12:00pm
22 Knots - Jumby Bay Watersports

Apothecary Class: Make Your Own Candle
11:00am – 12:30pm
The Wellness Pavilion

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Beach Spikeball Challenge
3:00pm – 4:00pm
Jumby Bay Beach

Functional Training
3:30pm – 4:15pm
The Fitness Centre

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Special Dinner

Caribbean Night at The Veranda
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Kayaking Tour
10:30am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

RS Elite Sailing Regatta
3:00pm – 4:30pm
22 Knots - Jumby Bay Watersports

Boxing Class
3:30pm – 4:15pm
The Wellness Pavilion

Afternoon Meditation
4:00pm – 4:45pm
The Wellness Pavilion

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Holiday Cooking Demonstration
4:00pm – 5:00pm
The Veranda Display Kitchen

Sunset Sound Bath Meditation
5:30pm – 6:15pm
Jumby Bay Beach

Special Dinner

Dinner at the Jumby Bay Farm
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Mat Pilates
8:00am – 8:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Aqua Fit
10:45am – 11:30am
Sand Bar Infinity Pool

Afternoon Activities

Stand up Paddleboard Race
12:00pm – 1:00pm
22 Knots - Jumby Bay Watersports

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Jumby Bay Island Festive Triathlon
4:00pm – 4:45pm
The Jumby Bay Farm to Jumby Bay Beach

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Family Cookie Decorating Demonstration
4:00pm – 5:00pm
The Veranda Display Kitchen

Gin & Golf
4:30pm – 5:30pm
Sand Bar

Rum Voyage
5:00pm – Sunset
Genny's Beach Shack

Morning Activities

Morning Meditation
8:00am – 8:45am
The Wellness Pavilion

Circumnavigation Tour
10:00am – 11:00am
22 Knots - Jumby Bay Watersports

Apothecary Class: Bath Bombs
11:00am – 12:30pm
The Wellness Pavilion

Hobie Cat Sailing Regatta
11:00am – 12:00pm
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Wine Tasting
5:00pm – 6:00pm
The Estate House

Elements Sound Bath Meditation
5:30pm – 6:15pm
Lap Pool

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Kayaking Tour
10:30am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Turtle Watching Boat Tour
2:00pm – 3:30pm
22 Knots - Jumby Bay Watersports

Afternoon Meditation
4:00pm – 4:45pm
The Wellness Pavilion

Beach Boules
4:00pm – 5:00pm
Jumby Bay Beach

Christmas Carols
5:00pm – 6:00pm
The Veranda Bar

Special Dinner

White Night Beach Barbecue
The Veranda Beach
6:00pm – 9:30pm
Live Entertainment



Morning Activities

Mat Pilates
8:00am – 8:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Adult Tennis Clinic
10:00am – 11:00am
Tennis Court

Aqua Fit
10:45am – 11:30am
Lap Pool

Afternoon Activities

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Children's Tennis Clinic
3:00pm – 4:00pm
Tennis Court

Functional Training
3:30pm – 4:15pm
The Fitness Centre

Holiday Cooking Demonstration
4:00pm – 5:00pm
The Veranda Display Kitchen

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Sunset Sound Bath Meditation
5:30pm – 6:15pm
Jumby Bay Beach

Morning Activities

Morning Meditation
8:00am – 8:45am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Circumnavigation Tour
10:00am – 11:00am
22 Knots - Jumby Bay Watersports

Sailing Clinic
10:00am – 11:00am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Circumnavigation Tour
12:00pm – 1:00pm | 2:00pm – 3:00pm
22 Knots - Jumby Bay Watersports

Boxing Class
3:30pm – 4:15pm
The Wellness Pavilion

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Rum History & Tasting
4:30pm – 5:30pm
The Estate House

Special Dinner

Christmas Eve Red & White Night
6:00pm – 9:30pm
The Veranda Beach
Live Entertainment

Morning Activities

Gratitude Meditation
8:00am – 8:45am
The Wellness Pavilion

Aqua Fit
10:45am – 11:30am
Lap Pool

Santa's Arrival
11:00am
Jumby Bay Beach

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Functional Training
3:30pm – 4:15pm
The Fitness Centre

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Special Dinner

Christmas Buffet at The Veranda
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Kayaking Tour
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

RS Elite Sailing Regatta
3:00pm – 4:30pm
22 Knots - Jumby Bay Watersports

Jumby Jingle Bells Relay
4:00pm – 5:30pm
The Wellness Pavilion

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Sip & Paint
4:30pm – 5:30pm
The Estate House Lawn

Sound Healing on the beach
5:30pm – 6:15pm
Jumby Bay Beach

Special Dinner

Dinner at the Jumby Bay Farm
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Mat Pilates
8:00am – 8:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Aqua Fit
10:45am – 11:30am
Lap Pool

Apothecary Class: Candle Making
11:00am – 12:30pm
The Wellness Pavilion

Afternoon Activities

Stand Up Paddleboard Race
12:00pm – 1:00pm
22 Knots - Jumby Bay Watersports

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Boxing Class
3:30pm – 4:15pm
The Wellness Pavilion

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Special Dinner

Caribbean Night at The Veranda
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Morning Meditation
8:00am – 8:45am
The Wellness Pavilion

Circumnavigation Tour
10:00am – 11:00am
22 Knots - Jumby Bay Watersports

Hobie Cat Sailing Regatta
11:00am – 12:00pm
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
10:00am – 11:00am | 2:00pm – 3:00pm
Tennis Court

Circumnavigation Tour
12:00pm – 1:00pm | 2:00pm – 3:00pm
22 Knots - Jumby Bay Watersports

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Mixology Masterclass
5:00pm – 6:00pm
1830 Bar

Earth Elements Sound Bath Meditation
5:30pm – 6:15pm
The Lap Pool

Special Dinner

Dinner at the Jumby Bay Farm
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Kayaking Tour
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Apothecary Class: Bath Bombs
11:00am – 12:30pm
The Wellness Pavilion

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Turtle Watching Boat Tour
2:00pm – 3:30pm
22 Knots - Jumby Bay Watersports

Beach Boules
4:00pm – 5:00pm
Jumby Bay Beach

Afternoon Meditation
4:00pm – 4:45pm
The Wellness Pavilion

Wine Tasting
5:00pm – 6:00pm
The Estate House

Special Dinner

White Night Beach Barbecue
The Veranda Beach
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Mat Pilates
8:00am – 8:45am
The Wellness Pavilion

Adult Tennis Clinic
10:00am – 11:00am
Tennis Court

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Aqua Fit
10:45am – 11:30am
Lap Pool

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Children's Tennis Clinic
3:00pm – 4:00pm
Tennis Court

Functional Training
3:30pm – 4:15pm
The Fitness Centre

Beach Boules
4:00pm – 5:00pm
Jumby Bay Beach

Rum History & Tasting
4:30pm – 5:30pm
The Estate House

Sunset Sound Bath Meditation
5:30pm – 6:15pm
Jumby Bay Beach



Morning Activities

Final Sunrise Morning Meditation
7:30am – 8:15am
The Jumby Bay Dock

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Circumnavigation Tour
10:00am – 11:00am
22 Knots - Jumby Bay Watersports

Sailing Clinic
10:00am – 11:00am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Circumnavigation Tour
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Boxing Class
3:30pm – 4:15pm
The Wellness Pavilion

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Special Dinner

New Year's Eve for Kid's
Dinner - 5:30pm – 6:30pm
Magic Show - 6:30pm - 7:30pm
Kid's Party - 7:30pm - 9:30pm
Sand Bar

New Year's Eve Gala Dinner
8:00pm at The Estate House
Live Entertainment
(All other outlets are closed)

Morning Activities

Morning Meditation
8:00am – 8:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Cornhole on the Beach
10:30am – 12:00pm
Jumby Bay Beach

Aqua Fit
10:45am – 11:30am
Lap Pool

Afternoon Activities

New Year's Recovery Brunch
11:30am – 3:30pm
The Veranda

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Functional Training
3:30pm – 4:15pm
The Fitness Centre

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Sip & Paint
4:30pm – 5:30pm
The Estate House Lawn

Special Dinner

Caribbean Night at The Veranda
6:00pm – 9:30pm
Live Entertainment

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Morning Stretch
10:00am – 10:45am
The Wellness Pavilion

Kayaking Tour
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Apothecary Class: Make Your Own Candle
11:00am – 12:30pm
The Wellness Pavilion

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

RS Elite Sailing Regatta
3:00pm – 4:30pm
22 Knots - Jumby Bay Watersports

Boxing Class
3:30pm – 4:15pm
The Wellness Pavilion

Beach Volleyball
4:00pm – 5:00pm
Jumby Bay Beach

Sound Healing on the beach
5:30pm – 6:15pm
Jumby Bay Beach

Morning Activities

Mat Pilates
8:00am – 8:45am
The Wellness Pavilion

Snorkelling Trip
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Aqua Fit
10:45am – 11:30am
Sand Bar Infinity Pool

Afternoon Activities

Stand Up Paddleboard Race
12:00pm – 1:00pm
22 Knots - Jumby Bay Watersports

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Snorkelling Trip
12:15pm – 1:45pm | 2:30pm – 4:00pm
22 Knots - Jumby Bay Watersports

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Jumby Bay Island Festive Triathlon Finale
4:00pm – 4:45pm
The Jumby Bay Farm to Jumby Bay Beach

Holiday Cooking Demonstration
4:00pm – 5:00pm
The Veranda Display Kitchen

Mixology Masterclass
5:00pm – 6:00pm
1830 Bar

Morning Activities

Morning Meditation
8:00am – 8:45am
The Wellness Pavilion

Circumnavigation Tour
10:00am – 11:00am
22 Knots - Jumby Bay Watersports

Hobie Cat Sailing Regatta
11:00am – 12:00pm
22 Knots - Jumby Bay Watersports

Apothecary Class: Bath Bombs
11:00am – 12:30pm
The Wellness Pavilion

Afternoon Activities

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

Circumnavigation Tour
12:00pm – 1:00pm | 2:00pm – 3:00pm
22 Knots - Jumby Bay Watersports

Beach Cricket
4:00pm – 5:00pm
Jumby Bay Beach

Wine Tasting
5:00pm – 6:00pm
The Estate House

Earth Elements Sound Bath Meditation
5:30pm – 6:15pm
Lap Pool

Morning Activities

Morning Yoga
8:00am – 8:45am
The Wellness Pavilion

Kayaking Tour
10:00am – 11:30am
22 Knots - Jumby Bay Watersports

Afternoon Activities

Sunday Brunch
11:30pm – 3:30pm
The Veranda

Pickleball Round Robin
12:00pm – 3:00pm
Tennis Court

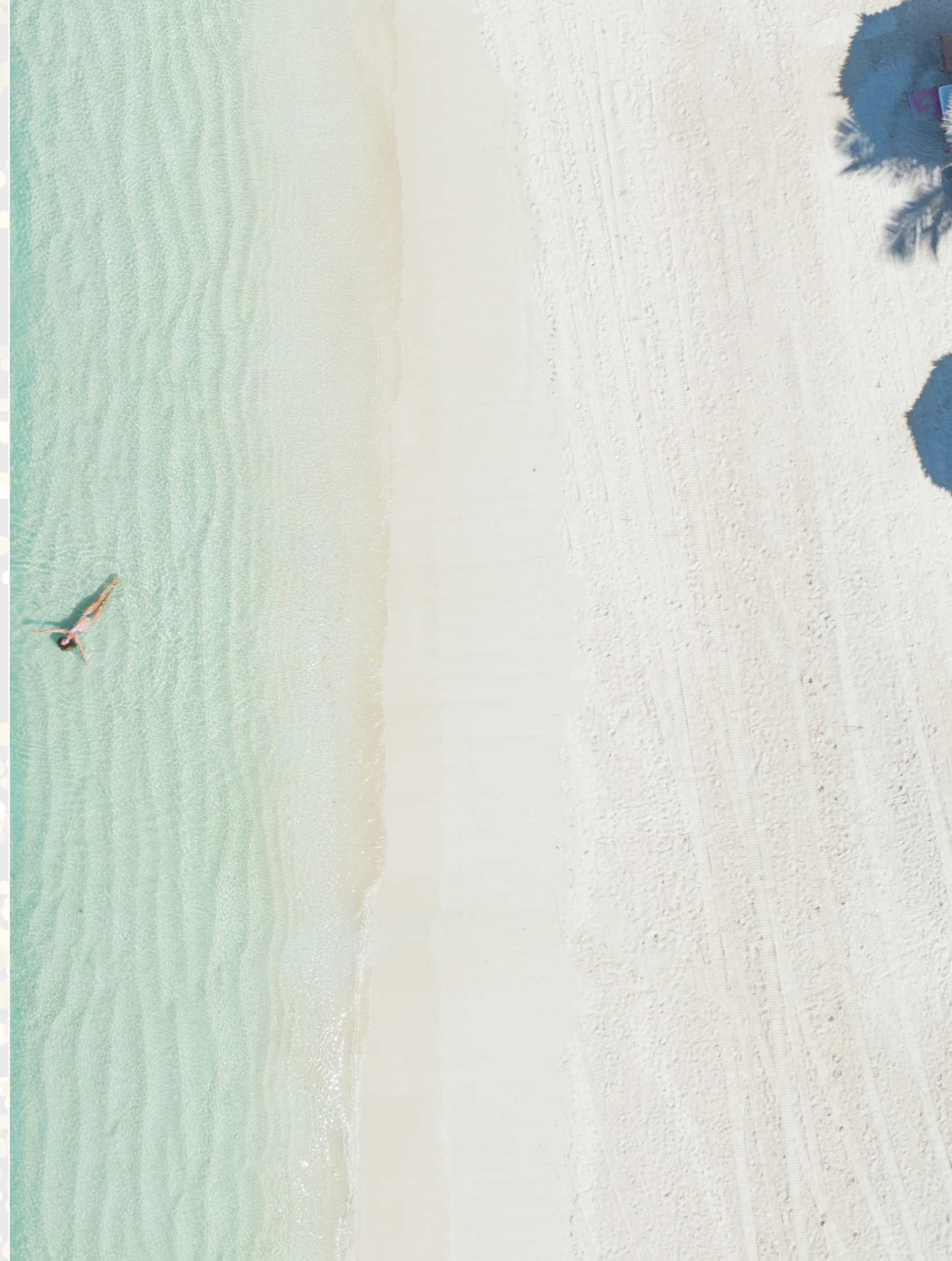
Turtle Watching Boat Tour
2:00pm – 3:30pm
22 Knots - Jumby Bay Watersports

Afternoon Meditation
4:00pm – 4:45pm
The Wellness Pavilion

Beach Boules
4:00pm – 5:00pm
Jumby Bay Beach

Special Dinner

White Night Beach Barbecue
The Veranda Beach
6:00pm – 9:30pm
Live Entertainment





Dinning & Drinking

Genny's Beach Shack

Set on the sands of Jumby Bay Beach, and surrounded by a garden of towering palm trees dotted with wild orchids, Genny's Beach Shack is a traditional open bungalow with a thatched bohio that is the center of beach service. A light lunch, mid-day snack, cocktails, cold water and fresh towels are available. A raised hand brings a frosty glass of water, delicious daiquiri or tray bearing a selection of freshly made fruit sorbets, scrumptious ice-cream sandwiches or frappuccino's.

Sand Bar

Overlooking the Caribbean Sea, Sand Bar (formerly The Pool Grille) has been reimagined, bringing an enhanced culinary experience to those who can't bear to leave the water's edge. The fresh entry pergola, luxury stone details on the infinity pool, and new intimate sushi bar and lounge area compliment the elevated menu - a melding of Caribbean, Mexican and Asian cuisine. Sand Bar is open for lunch and dinner. Starting December 21st, we will offer an adults-only breakfast with a dedicated menu for those seeking a quieter morning. Guests can also experience the Caribbean's most stunning sunsets, perfectly paired with a glass of Rosé.

The Veranda

At the island's center, the Veranda offers breakfast, lunch, and dinner just steps from the water. Start your day with a generous spread of à la carte specialties and fresh buffet selections. For lunch and dinner, enjoy a fusion of Caribbean and Mediterranean flavors in a relaxed, open-air setting, where every dish reflects the island's vibrant spirit and the ocean's rhythm.

The Estate House

The Estate House, the Caribbean's premier fine-dining destination, blends classic cuisine with modern island flavors rooted in West Indian traditions. Set in a circa-1830 plantation house, it features a main restaurant, the 1830 Bar, three private dining rooms, and a wine room, all reflecting the island's rich history. The design merges colonial charm with contemporary elegance, showcasing local artwork, vintage maps, and refined tableware. Guests enjoy expertly crafted dishes that highlight the freshest Caribbean seafood, meats, and produce, making every meal an unforgettable experience.



Description of Activities

Sunset Rosé

Experience the Caribbean’s most spectacular sunsets at the Sand Bar Pool, where tropical lounge music creates the perfect ambiance as you sip on a chilled glass of rosé. Join us daily from 4:00 PM to sunset, except Wednesdays, and don’t forget to dress in your swimsuit.

White Night Beach Party

Join us for a picturesque party on our powder soft shores. The all-white dress code allows the captivating sunset and sensational blue of the sea to take centre stage as mixologists at The Veranda Bar concoct tantalising tipples.

Dinner at The Farm

Dinner, prepared with the farm’s freshly harvested ingredients and served family style, will delight your senses in the sublime natural setting.

Gin & Golf

Tee off from the sand, straight into the sea, with biodegradable golf balls as you enjoy a G&T just the way you like it — your choice of gin and garnishes.

Holiday Cooking Demonstration

Solo, as a couple, or with the entire family, discover new cooking techniques and delicious recipes — either savoury or sweet — with a cooking class hosted by one of our talented chefs in The Veranda Display Kitchen.

Rum Voyage

This happy hour at Genny’s Beach Shack is the perfect combination of the Jumby Bay Island sunset and Caribbean rum cocktails— served up with seafood fritters, Johnny cakes and a jammin’ playlist.

Caribbean Nights

Relax and enjoy authentic dishes from Antigua and our Caribbean neighbours as the soothing rhythms create a true sense of place in this family-friendly gathering at the Veranda.

Afternoon Tea

Take a respite from the sun with a relaxing afternoon tea in the Estate House. The restaurant features open-air seating—perfect for enjoying the breeze while indulging in a selection of decadent treats, freshly brewed tea or a flute of bubbly.

New Year’s Recovery Brunch

After a rollicking New Year’s Eve party, get 2025 off to a great start the Jumby Bay way: on the Jumby Bay Beach, of course! Against the soothing background of the Caribbean, we’ll help you recover from the previous evening’s festivities and set you up for a year to remember.

Limited space available, please reserve with the Concierge by dialing ‘0’.

22 Knots - Jumby Bay Watersports

Surrounded by crystal clear Caribbean seas you have arrived in watersport paradise. We have a raft of equipment from windsurfs to paddleboards, offer complimentary sailing clinics for beginners, while waterskiing, wakeboarding, tennis, and pickleball are all part of island life.

Beach Spikeball Challenge

A game of spikeball on Jumby Bay Beach is a great way to spend an afternoon. Play one on one or as a team of two.

Circumnavigation (max 12 persons per trip)

Discover all of Jumby Bay Island from the water on this 45-minute boat tour and spot some of the most coveted natural landscapes, Villas and Private Residences in the Caribbean.

Kayaking Tour (max 12 persons)

Embark on an adventure exploring the coastline while paddling the waves with a member of our 22 Knots team.

Snorkelling Trip (max 12 persons)

Enjoy a boat ride and explore the enchanting marine life of nearby Bird Island.

RS Elite Sailing Regatta (max 8 persons)

Experienced sailors can take to the seas in one of our four RS Elite keel boats in a friendly battle to be crowned Jumby Bay’s top sailor. Pick your 2–3-person crew to enjoy fast sailing, smooth handling, and an enjoyable tactical race.

Hobie Cat Sailing Regatta

Spend a day sailing our stunning coastline in one of our classic Hobie Cat catamarans. Recognized as one of the most enduring models in sailing, these boats are sure to deliver a memorable day of smiles and fun for the whole family.

Kayak Race (max 12 persons)

Paddle your worries away in the crystalline Caribbean while competing in an energizing kayak race with or against a member of our 22 Knots team. The calm waters are the perfect setting to hone your skill and push your limits.

Sailing Clinic

Whether you’re just dipping your toes into the world of sailing or you’re ready to take your racing to the next level, learn the ropes with our highly-skilled team of experienced sailors on one of our Hobie Cats or an RS Elite watercraft.

Beach Volleyball

Enjoy a thrilling volleyball match on soft, powder-white sand, if you can take your eyes away from the magnificent ocean view that is! Bump, set, spike your way to a lively afternoon of friendly competition and beautiful scenery.

Stand Up Paddle Board Race

Challenge yourself to the mentally and physically stimulating sport of stand-up paddle boarding. From the vertical vantage point, look down into the crystal-clear waters that surround Jumby Bay. Maybe you’ll even catch a glimpse of a parrot fish or sea turtle swimming next to you.

Pickleball Round Robin

Pickleball has exploded in popularity around the world in recent years and for good reason. This easy-to-learn, family-friendly game combines elements of tennis, ping-pong and badminton. Fun for all ages!

Turtle Spotting Boat Tour (max 12 persons)

Enjoy a short boat ride to the nearby waters of Bird Island to spot the resident sea turtles in their natural habitat.

Beach Boule

Relax by the water with a leisurely game of boule on the beach. Team up with your family, friends or fellow guests and practice your throw. It’s all about closeness in this classic French pastime, reimagined in the sand.

Beach Cricket

Try your hand at cricket with a low-stakes match in the sand. Not confident in your swing? Join as a spectator and cheer on the teams!

Tennis Clinic

Whether you’re a novice or a semi-pro, our resident tennis pro Jerry Williams teaches the game of tennis.

Cornhole on the Beach

Kick back with this popular pastime that will delight the whole family. Pick teams to encourage some friendly competition or simply challenge your own solo skills during a laid-back afternoon.

For all Watersports Activities please meet at 22 Knots - Jumby Bay Watersports.

Limited space available, please reserve with the Concierge by dialing ‘0’ .

The Jumby Bay Spa

Nestled in a garden oasis, the Jumby Bay Spa offers a tranquil escape from the sun and sea. Enjoy treatments blending modern wellness with the rich heritage of the West Indies.

Unwind in one of our five treatment suites or opt for an open-air experience with sea breezes and calming waves.

Complete your journey in the steam room, sauna, or with a refreshing dip in the plunge pool on our outdoor relaxation terrace.

Apothecary Class (max 15 persons)

Create your own spa essentials by formulating infused oils, scrubs, soaks and candle making.

Aqua Fit (max 15 persons)

This is a low impact water session that adds resistance and gradually builds in intensity. You will tone your muscles, increase your range of movement and improve your endurance, balance and flexibility.

Boxing Class (max 6 persons)

This high energy class will focus on speed, co-ordination, balance, and agility. It's an intense whole-body workout, targeting all major muscles.

Core Max (max 8 persons)

This class combines movement and static poses to help engage, tone and tighten your core, while helping to improve your posture.

Meditation (max 8 persons)

This mind and body practice is rooted in the belief of increasing calmness and physical relaxation, improving psychological balance, coping with illness, and enhancing overall health and well-being.

Pilates (max 6 persons)

This mat Pilates session is a low-impact class that aims to strengthen muscles while improving postural alignment and flexibility.

Sound Healing (max 15 persons)

This deeply immersive full-body listening experience will help to ground and centre you. Feel your body relax to the healing sound waves while you re-connect with your inner being.

Yoga (max 6 persons)

This class combines a continuous flow of Asana poses that incorporate breath, movement, and strengthening poses.

Jumby Island Run

Our island runs are designed for all experience levels to get those hearts pumping in a challenging yet fun way. What better opportunity to get to know the island and improve your physical fitness than a guided tour through carefully designed scenic routes with a friendly group of motivated runners?

Stretch Class (max 6 persons)

Our relaxing stretch class is a welcome break to soothe any tightness from all the sun and fun, or as an antidote to travel fatigue. Unwind in a peaceful environment where you'll learn techniques to release tension, melt away stress and gently enhance your flexibility. Your body will thank you.

Functional Training (max 6 persons)

Prepare your body for whatever life throws at you with our functional training class—the revolutionary exercise craze that primes your body for its daily activities. Everyone can benefit from the diverse range of exercises designed to increase strength, agility, stability and flexibility, all in one class.

Limited space available, please reserve with the Spa by dialing ext. 4423/24 48hrs in advance.

Kindly note that outlet operating times and activities may be subject to change.







OETKER COLLECTION
Masterpiece Hotels