



HOTEL LA PALMA

CAPRI

Experience Ultimate Relaxation and Wellness at Capri's Chicest Oasis - Hotel La Palma Spa

A serene sanctuary offering Tata Harper and Augustinus Bader treatments,
a specialized beauty room, a spacious gym, and a health-conscious menu curated by
Chef Gennaro Esposito



Following its highly anticipated opening in June 2023, Hotel La Palma in Capri - Oetker Collection's first Masterpiece Hotel in Italy - has solidified its position as the chicest address on the island. Now open for its second season, the property invites guests to discover the La Palma Spa, a chic oasis of relaxation and rejuvenation in the heart of Capri.

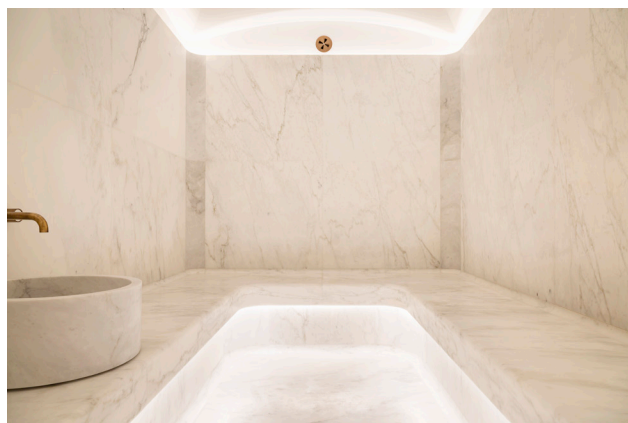
A tranquil haven designed to relax both mind and body, each treatment at La Palma Spa has been meticulously curated to meet the unique needs of the modern traveler, blending traditional techniques and innovative rituals. La Palma Spa has selected globally-renowned, industry leaders Tata Harper, Augustinus Bader, and Miamo as exclusive partners for a wide range of face and body treatments. These carefully chosen partners represent Hotel La Palma's philosophy, to deliver the ultimate in results-driven treatments while promoting a mutual approach to maintain sustainability and conserve the dream that is Capri.

Green beauty guru Tata Harper has designed two exclusive treatments for La Palma Spa, including La Palma Signature Retreat, a 4 hour package designed to emulate the feeling of a relaxing vacation, by calming the mind and body while indulging the senses. The ritual starts with a steam room experience, followed by an invigorating foot massage and herbal tea ceremony. Next, a thermal body treatment begins with the Tibetan singing bowl ritual and is continued with a full body peel, wrap and massage. A softening, hydrating facial completes this restorative experience with a healthy gourmet lunch following to further nurture the body. The Couples Journey is a richly nourishing ritual to help any tension melt away. It comprises a comprehensive massage for two, utilizing the Redefining Body Balm, and is paired with a Hydration Facial to offer glowing results from head to toe. Guests can share the experience in the company of a special friend or partner in the luxurious double suite.

Treatments are offered in three exceptional treatment cabins - two singles and one double - fitted with the most luxurious and comfortable features to welcome and enhance each individual experience, all carefully designed by internationally renowned interior designer, Francis Sultana. The soothing space also features a wet area and a comprehensive array of amenities, including a sauna, a steam room, as well as a salt room to provide a natural healing therapy, rich in vitamins with detoxifying benefits. Additionally, two emotional showers, featuring ocean mist and tropical rainwater jets, add a unique sensory dimension to the spa experience.

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In addition to an extensive range of spa services, La Palma Spa offers a dedicated beauty room for a variety of treatments. Guests can enjoy expert manicures and pedicures, available with Vinylux or Shellac CND, as well as professional hair styling and blow-drying services. Whether preparing to dive into Capri's vibrant nightlife or attend the island's most prestigious events, the spa's makeup artists will also ensure guests look glamorous and radiant.

Fitness enthusiasts will delight in an expansive gym, equipped with the latest high-performance technology, including custom-designed free weights, Technogym treadmills, spin bikes and cycles, as well as a stair climber, and a leg and chest press.

La Palma Spa also offers a dedicated health-focused menu crafted by Chef Gennaro Esposito, featuring dishes such as Miglio, Farro salads, and the 'energy sphere' - a combination of dates, cashews, quinoa flakes, cocoa, ginger, and coconut - a powerful blend of ingredients known for their energizing properties. To drink, La Palma Spa guests can sip a delectable Tata Harper-recommended beverage made with spinach, chia seeds, orange, lemon, grapefruit, and coconut milk.

With an expert team ready to provide a personalized and luxurious wellbeing experience, La Palma Spa is excited to welcome guests for a refreshing and revitalizing taste of La Dolce Vita.

La Palma Spa is currently open daily from 10am-8pm also to non-resident guests. Treatments at La Palma Spa start at €40. La Palma Signature Retreat is priced at €800 and the Couples Journey is priced at €680 for two people.

Room rates at Hotel La Pama start at €690 per night in low season.

Contacts:

Oetker Collection
Ms Jenny Gorevan
Director Global Communications & Partnerships
jenny.gorevan@oetkercollection.com

Hotel La Palma
Stefania Vinagro
Marketing Manager
stefania.vinagro@oetkercollection.com

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